



ANGELICA ROOT

Botanical Name: *Angelica archangelica*

Common Name: Garden angelica, wild archangel, wild celery

Medicinal part: Root, seeds, rootstock

Description: During the Great Plague of London in the late-mid 1600's, a monk claimed an angel visited him in his dreams and presented Angelica as the cure for the epidemic. After this, it was regarded as "the antidote" to the plague. Royal publications such as: "The King's Majesty's Excellent Recipe for the Plague" fueled this idea and helped give Angelica its name - meaning Angel.



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